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Helping Empowerment
and Resilience for Today's Youth

PROJECTS SUPPORTED THROUGH THE CFP WITHIN THE PROGRAMME



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građansko
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ACADEMY
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DEVELOPMENT



Ministarstvo
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CALL FOR ARTISTS

**Projects supported through
the CfP within the programme**

Support for Youth Empowerment and Resilience in Bijelo Polje, Pljevlja, Podgorica, Bar, and Ulcinj



Lead organisation:

Centre for Children's Rights of Montenegro

The specific objectives are: 1) to develop a nonviolence culture among children and youth through education on juvenile delinquency, nonviolent communication, and mental health; 2) to empower the community to reduce the risk of juvenile delinquency by providing professional counseling and therapeutic support; and 3) raising awareness among children, youth, and their parents/guardians.

The expected results of the project include empowering children and youth to recognize peer violence and juvenile delinquency and to develop resilience to violence by using assertive communication. The project aims to strengthen their self-confidence and ability to take preventive action against violence, while also contributing to the creation of a supportive environment through the promotion of positive values and virtues. Through project activities, young people will be equipped to positively influence their peers and community, while simultaneously raising awareness among children, youth, and their parents about the importance of nonviolence, mental health, and collective engagement for a safer and more supportive environment.

The project activities include providing psychosocial support to children and youth at risk of peer violence and juvenile delinquency, educational-creative and psychosocial workshops focused on nonviolent communication and conflict resolution, and promoting the project through media and social networks.

The project duration is five months, with a total approved budget of €6,955.00.

Stop Violence, Choose Respect!



Lead organisation:

Foundation „Do Good“

The overall objective of the project is to reduce peer violence by promoting nonviolent communication among young people in our community.

The specific objectives are: 1) to develop assertive communication skills among participants; 2) to educate participants about the concept of “Strokes” from the psychotherapeutic approach of Transactional Analysis; 3) to raise participants’ awareness of effective communication methods for conflict resolution; 4) to promote cultural communication and the “OK-OK” attitude as a new cultural script and response; 5) to uncover stereotypes and provide modern responses to outdated patterns; and 6) to identify dangers in the online world.

The expected results of the project are increased awareness of nonviolent communication among 120 students and 10 teachers, improved assertive communication skills in at least 50% of students and teachers, application of the concept of *Strokes* in everyday situations by at least 50% of students and teachers, and enhanced sense of safety and well-being in the digital world for 120 students and teachers.

The project activities include organizing two workshops “Recognize Me, I Recognize You”, two workshops “I’m OK, You’re OK”, two workshops “No Worries”, two workshops “Spread the Word”, four workshops “Don’t Click on Violence, Click on Respect,” as well as accompanying promotional activities.

The project duration is six months, with a total approved budget of €6,979.40.

Unlock the HEART: Towards a Society Free from Peer Violence



Lead organisation:

Alumni Academy of the Law Faculty
of the University of Montenegro

The overall goal of the project is to contribute to the prevention and reduction of peer violence in Montenegro by empowering young people to exercise their rights and proactively address peer violence in their communities.

The specific objectives are: 1) contributing to the empowerment of young people for the prevention of peer violence; 2) increasing awareness among young people about their legally guaranteed rights; 3) encouraging inter-institutional cooperation and dialogue among relevant stakeholders addressing the issue of peer violence.

The expected results of the project are: assessed exposure of young people to peer violence and an informed public about the findings; at least 50 young people (students and high school students) educated on topics related to peer violence; an open discussion with parents and youth regarding potential changes to criminal legislation concerning juvenile accountability; enhanced visibility of the issue of peer violence among youth; and strengthened cooperation between institutions and civil society organizations in combating this problem.

The project activities include: a preparatory phase and creation of the project team; preparation and implementation of research on youth exposure to peer violence; production of accompanying infographics with research findings; an educational programme for students "Strengthening Resilience to Peer Violence: Education for Safer Academic Communities"; an educational programme for high school students titled "Safer School Environments: Education Against Peer Violence"; publication of five socially engaged articles on the topic of peer violence; publication of these articles on the *normalizuj.me* web platform and the Alumni Academy website/social media; organization of a final roundtable in cooperation with the Law Faculty (UoM) for parents, high school students, and university students to reassess potential changes in criminal legislation regarding juvenile accountability; and media promotion of project activities.

The project duration is seven months, with a total approved budget of €7,000.00.

Support from the Heart!

Lead organisation: NGO PRIMA



The overall objective of the project is to reduce peer violence and juvenile delinquency among youth in Podgorica, Bar, Danilovgrad, Cetinje, and Zeta.

The specific objectives are: 1) strengthening capacities for preventing peer violence and juvenile delinquency through a network of educators, psychotherapists, and an online campaign; 2) preventing self-harm and suicide by boosting the self-confidence of young people through free online psychotherapy; 3) reducing all forms of peer violence and delinquency, with a focus on online gender-based violence and illegal content sharing; 4) enhancing collaboration among local stakeholders to support violence and delinquency prevention and creating recommendations for a new working group and measures to prevent violence within institutions.

The expected results are: strengthened capacities of peer educators at the local and national levels; increased self-confidence, resilience, and functionality for suicide prevention, along with reduced harm and risk of juvenile delinquency among at least 20 girls and boys who have experienced peer violence and/or juvenile delinquency (as victims or perpetrators) through the provision of free online psychological support and psychotherapy. Additionally, the project aims to improve awareness and strengthen the culture of nonviolence related to peer, gender-based, and sexual violence. Enhanced intersectoral cooperation will be achieved across entities such as the Directorate for Youth and Sports, the civil youth sector, youth services and clubs, youth themselves, health centres, social work centres, vocational schools, high schools, and local youth and women's NGOs. Recommendations for the prevention and combatting of peer and gender-based violence, as well as juvenile delinquency, will be developed.

The project activities include: training 22 peer educators from five municipalities (Podgorica, Bar, Cetinje, Danilovgrad, and Zeta), providing free online counseling and psychotherapy for young people with experiences of peer and online violence and juvenile delinquency; organising a roundtable in Podgorica with stakeholders from Podgorica, Bar, Zeta, Danilovgrad, and Cetinje to foster intersectoral cooperation and establish a support network for programmes addressing peer violence and juvenile delinquency; developing a set of recommendations based on insights gathered during the roundtable to be shared with relevant stakeholders (such as also UNICEF and OSCE), conducting an online campaign to raise awareness and inform at least 10,000 young people in Montenegro about prevention, consequences, and support systems related to peer and gender-based violence and juvenile delinquency.

The project duration is five months, with a total approved budget of €8,820.00.

Look Within Yourself



Lead organisation:

CEMOI - Montenegrin Expert Network
for Sustainability and Innovation

The overall objective of the project is to contribute to the development of a nonviolence culture among participants in primary and secondary schools in Montenegro.

The specific objective is to increase awareness among older primary school students and high school students about the types and consequences of peer violence, particularly in northern Montenegro.

The expected results of the project are: at least 100 older primary and secondary school students participating in plays and gaining knowledge about the types and consequences of peer violence, primarily in the northern region of Montenegro; improved awareness among young people, their parents/guardians, and teachers about the prevalence and consequences of peer violence in Montenegro; and increased public pressure on relevant institutions to address the growing issue of peer violence in Montenegro more seriously and effectively.

The project activities include: preparatory phase and formation of the project team; performing plays in cultural and artistic centers and/or schools in northern Montenegro; creating digital content featuring excerpts from the plays; conducting an awareness-raising campaign to inform citizens about the harms and consequences of peer violence through social media and online sharing of creative content from the plays; implementing a public campaign to urge immediate and serious action by relevant authorities to prevent and reduce the level of peer violence in Montenegro through media outreach and direct meetings with relevant institutions.

The project duration is six months, with a total approved budget of €6,963.60.

